

HAD A NEW BABY JOIN THE FAMILY?

# New Parents Group

Every Tuesday during school terms

1:00 to 2:00PM

Woodberry Place of Friends

Woodberry Public School - Lawson Ave

Woodberry

## Sessions Include

- Knowing me knowing you
- Work it Baby – exercise for your bub
- Go to sleep!
- Munch time – weaning and teething
- Let's Play!!!! Moosic and stories
- The Jealousy Factor - when child no. 2 arrives
- Who me? Looking after you
- Lets Party!!



Childrens activity group available for older siblings

For more information text your name & question to 0467 726 165

