

Circle of Security® PARENTING SERIES

At times ALL parents feel lost or without a clue about what our child might need from us.

Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Presented by: Maitland Family Support & Interrelate

Who should attend: Parents with children aged o-6 yrs.

Location: Woodberry Family Centre (11-13 Lawson Ave,

Woodberry)

Dates: 26th July, 2nd, 9th, 16th, 23rd & 30th August, 2022

Time: 9:30- 11:30am

Cost: FREE

Register: Phone 49 140 444

Light refreshments provided for morning tea.

6 Week Program

Learning Objectives of the Training:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- · Honor your innate wisdom and desire for your child to be secure





